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“Intelligence and Study Habits of Adolescents in Relation to Gender and Socio-Economic Status

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Abstract

The present study focuses on intelligence and study habits among adolescents in relation to gender and socio-economic status. Adolescence is an important developmental period in which cognitive abilities, learning patterns and academic behaviours develop rapidly. Intelligence is an important cognitive factor associated with learning, problem-solving and adaptation, whereas study habits represent the behavioural patterns through which students organise and engage in academic activities. The present study aims to understand these variables among adolescents aged 13–16 years.

The proposed study includes 101 adolescent students from Mumbai. Intelligence and

study habits are considered the major psychological variables, while gender and socio-economic status are considered demographic variables. The study proposes to examine the relationship between intelligence and study habits and to explore differences across gender and socio-economic-status groups. The findings may contribute to a better understanding of cognitive and behavioural factors associated with adolescent learning and may have implications for teachers, parents, counsellors and educational institutions.

Keywords-Intelligence, Study Habits, Adolescents, Gender, Socio-Economic Status, Academic Behaviour

